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# The Bicycling Guide To Complete Bicycle Maintenance And Repair: For Road And Mountain Bikes(Expanded And Revised 5th Edition)



## Synopsis

This revised, updated, expanded fifth edition is indispensable-with all the latest models, parts, and repair techniques, and terrific money-saving tips to keep any ride in tip-top shape. Since its first publication, *Bicycling Magazine's Complete Guide to Bicycle Maintenance and Repair* has sold over 400,000 copies. The fifth edition is guaranteed to remain the category killer. This long-overdue update is a must-have for weekend riders and serious cyclists alike. Whether they own the latest model or a classic with thousands of miles on it, beginners and experienced cyclists alike can depend on this book to get their bikes out of the shop faster and keep them on the road longer. They'll discover information on:

- Building a dream bike workshop
- Disc brakes, both cable-actuated and hydraulic
- Dialing in front and rear suspension shocks for comfortable rides
- The latest crankset and bottom bracket designs
- Overhauling freewheels and cassettes for peak performance
- Specs on all the latest handlebar and headset sizes
- Servicing clipless pedals for maximum safety

With troubleshooting sections to quickly identify and correct common problems, 450 photographs and 40 drawings to clarify all the step-by-step directions so even the complete neophyte can get repairs right the first time, and Web sites and phone numbers of bicycle and parts manufacturers, this is truly the ultimate bicycle repair and maintenance manual-now better than ever in its fifth edition!

## Book Information

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## Customer Reviews

Todd Downs is a self-taught, full-time wrench since 1989. He's built wheels that were raced in the

2003 UCI Cyclocross World Championships and prepared a bike for an Olympic hopeful's trip to the 2004 Summer Olympic Trials. Downs has been published in DirtRag magazine and serves as an editor of MTBJournal.com. He currently resides in the Boston area.

Decided to go print instead of digital because I would be using it in garage to do repair work, and print makes it easier to see, read, and flip pages with dirty fingers. Bought it used from Jenson Books for a reasonable price and it arrived in new condition. What a bargain for \$8, which included the shipping charge! From a quick glance through pages, I am happy with the illustrations, content and organization. Just what I needed. Addition after use: Lots of good information but after trying to adjust rear derailleurs discovered that instructions seem to assume you have rebuilt the derailleurs from scratch and understand the vocabulary. Ended up taking the bike to local bike shop after I managed to make my shifting problem worse. Might not be the best guide for those who only want to do minor adjustments to maintain bike. Still, it is very detailed. Changed from 5 to 4 stars.

This guide is a great start for bicycle enthusiasts who want to learn the basic of bicycle maintenance. I have been using manuals as a mechanic (not bicycle) for the past 12 years. I have used everything from paper to digital and I will say in my professional opinion as a mechanic that the layout and details of this book are great for beginners. If you are looking for something that goes more in depth into the physics of the bike then I would say this isn't the book for you, but if you are a new bicycle enthusiast ready to learn the basic skills that you need to maintain your bike this is one of many guides that can help get you started!

I like doing repairs and maintenance myself to save money. Now that I have a good bicycle, I want to service it myself. This repair manual is nice. It is full of good illustrations and pictures, tips, and advice. Most things are explained in an easy-to-understand manner. It's obvious that the author likes servicing bicycles, and that he wants the reader to enjoy it too. This makes the book pleasant reading material as well. The book is also comprehensive--it explains all parts of the bike and how to repair them. After going through it all my questions were answered, and I learned a lot. If there is anything left out, I can't imagine what it would be. My only complaint with the book is sometimes explanatory text doesn't completely match the accompanying photograph. This isn't a major concern for me, but can be mildly irritating. For most people, this book should serve well.

I searched through many bicycle maintenance books on before settling on this one. I thumbed

through the book as soon as I received it. The following day found me in the garage giving my bike an overhaul. This book paid for itself on the second day of owning it. I love the format of this book. It breaks down each part of the bicycle into sections. Each section gives you several pages of information including instructions on how to check and repair components, along with the tools you will need to do so. At the end of each section you find the step by step instruction again, only this time much more concise, along with pictures to use as reference for each step. For someone like me who knows nothing about bicycles other than how much fun they are to ride, this book is invaluable. I now feel confident in almost all aspects of bicycle maintenance. This book even takes you through the process of building a wheel, not that I feel the need to do such a thing, but hey...you never know, maybe some day. I would like to highlight that I saved 50 bucks on day 2 of owning this book by doing the light overhaul myself. Also, armed with this book and the vast amount of information within, I was able to determine that my hubs needed some attention. (I did not do this myself because I don't have cone wrenches (don't know what those are? Neither did I until a few days ago) I took my wheels down to the local bike shop intending to buy the wrenches, ball bearings, and grease that I would need to repair my hubs. The guy at the bike shop informed me that my hubs no longer exist on the market. Then he took them apart, slapped in some new bearings and grease, and sent me on my way. Awesome. Had I not known what to check for, my hubs would have crapped out on me in the middle of an upcoming cycle tour I plan to do. Awesome book. Well worth the money. (really if you think about it, every time I maintain my bike, it's like I get paid with the money I used to pay someone else to do it for me. And...it's so much fun to do it yourself.

Clearly explains various aspects of maintenance, including lots of clear photos of the different types of construction (like the difference between a freewheel and a freehub, and how each is assembled and repaired). I was very familiar with bikes 30 years ago, but a lot has changed since then. This book explains all the tools and terminology, so even if you decide not to attempt the repair yourself, you can still talk intelligently to the bike mechanic about it. (And you will understand why it costs what it does).

While this is not the end all repair and maintenance guide it does provide a lot of information. Bicycles have become somewhat specialized and with the advent of YouTube and Google there is much more detailed and specific information to be found than what could be contained within the covers of a book without the book becoming a monster. More than the detailed information the book

does provide a lot of history of different materials, components and bicycle making in general. It was an enjoyable read from that standpoint alone.

Good book. I am getting started with in depth bicycle repair and conversions so I refer to this book a great deal. All the reference you need and more. Easy to follow, step by step instructions. Pictures are bigger and easier to follow than the Blue Book. Both are good. Wish these types of books addressed hard to remove parts from rust, a common problem for all who works on bikes. I would recommend this book.

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